Costs will of course vary because of exchange rates but are current as of 01/10/2023 This is an example of the sort of costs for a placement in Tanzania.

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		Exchange Rate	TSh3,000
Flight Cost (aprox)			£650.00
Visa		\$50.00	£39.50
Airport Car Park	TSh10,000		£3.33
Taxi to Hotel	TSh40,000		£13.33
Hotel (Twin Room with A/C and Fan)	TSh90,000		£30.00
Meal	TSh30,000		£10.00
Taxi to Bus Station	TSh40,000		£13.33
Bus Fare Dar-es-Salam to Solya	TSh30,000		£10.00
Mobile Phone Sim Credit	TSh50,000		£16.67
Living costs for 4 week (28 days) stay in Kilimatinde Bungulow	TSh1,400,000		£466.67
Bus Fare Solya to Dar-es Salam	TSh38,000		£12.67
Taxi from Bus Station	TSh40,000		£13.33
Hotel (Twin Room with A/C and Fan)	TSh90,000		£30.00
Taxi to Airport	TSh40,000		£13.33
Airport Car Park	TSh10,000		£3.33
			£1,325.50